


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Default is AR AR –Activity Room GR–Game Room Piano– 2nd Floor Piano Fireplace– 2nd Floor Fireplace P–Patio DR –Dining Room</p>		<p>Birthdays</p> <p>Henry –May 13th Barbara S – May 18 Janet – May 26</p>		<p>10:00 Strength Training w/Jessica 1 11:00 Program Committee Meeting 2:00 Cards and Games 3:00 Tech Time 4:00 Spanish with Liliana 6:00 Bingo Evening w/ Donna</p>	<p>9:30 Morning News Chat 2 10:00 Fit Fusion Exercise w/ Jessica 10:45 Dominos 1:00 Watercolors –Georgia O'Keeffe 2:15 Bingo 3:15 Cards & Games</p>	<p>10:00 Tai Chi with Master Fung 3 1:30 Celebration of Life –Bob Schwartz 2:00 Open Mahjong – Library 2:15 Kentucky Derby 3:00 Music Memories Happy Hour 4:00 Puzzles –Game Room</p>
<p>10:00 Cardio Pump Exercise 4 11:30 Funny Videos 11:30 Puzzles @GR 1:00 Catholic Communion Service (Families Welcome) 2:00 Games with Winnie</p>	<p>9:45 Morning News 5 10:00 Monday Yoga 11:00 Dominoes 1:00 Mahjong 2:00 Chinese Calligraphy Practice 3:00 Rummikub 4:00 Fireplace Chat Group</p>	<p>10:00 Tai chi w/ Master Fung 6 10:45 Triva Blast 11:00 SpiritCare Worship w/Jeremiah 2:00 Bingo 3:00 Flowerpot craft w Linda 4:30 Virtual Reality Travel Tours</p>	<p>9:00 Morning News and Chat 7 9:30 Early Risers Cardio Camp 10:30 Dominos 10:45 Lunch outing –Mexican 2:30 Flowerpot craft Part 2 3:30 Poker, Cards & Games 4:00 Puzzles –Game Room</p>	<p>10:00 Strength Training w/Jessica 8 10:45 Food Committee Meeting w/ Eva 2:00 Violin Social w/ Pamela 3:00 Tech Time 4:00 Spanish with Liliana 6:00 Bingo Evening w/ Donna</p>	<p>9:30 Morning News Chat 9 10:00 Fit Fusion Exercise w/ Jessica 10:45 Dominos 2:00 Bingo 3:00 Margarita Happy Hour with DJ Warren</p>	<p>10:00 Tai Chi with Master Fung 10 1:00 Garden Club 1:30 Watercolor–Dragonflies 2:00 Open Mahjong – Library 3:00 Bingo (Families Welcome) 4:00 Puzzles –Game Room</p>
<p>10:00 Cardio Pump Exercise 11 11:30 Funny Videos 11:30 Puzzles @GR 1:00 Catholic Communion Service (Families Welcome) 2:00 Games with Winnie</p>	<p>9:45 Morning News 12 10:00 Monday Yoga 11:00 Dominoes 1:00 Mahjong 2:00 Chinese Calligraphy Practice 3:00 Rummikub 4:00 Fireplace Chat Group</p>	<p>10:00 Tai chi w/ Master Fung 13 10:45 Triva Blast 2:00 Bingo 3:00 Jewlery Making 4:30 Virtual Reality Travel Tours</p>	<p>9:00 Morning News and Chat 14 9:30 Early Risers Cardio Camp 10:30 Puzzles –Game Room 2:00 Jeopardy Challenge 3:00 Poker, Cards & Games 4:00 Open Mahjong – Library</p>	<p>10:00 Strength Training w/Jessica 15 10:45 Nurse Talk– UTI 2:00 Cards and Games 3:00 Tech Time 4:00 Spanish with Liliana 6:00 Bingo Evening w/ Donna</p>	<p>9:30 Morning News Chat 16 10:00 Fit Fusion Exercise w/ Jessica 10:00 Shopping Day 10:45 Dominos 1:00 Watercolor–Bird Houses 2:15 Bingo 3:15 Cards & Games</p>	<p>10:00 Tai Chi with Master Fung 17 10:30 Signing with Shirley (Families Welcome) 1:00 Ted Talk–DEI 2:00 Bingo 3:00 Isha on the Piano 4:00 Puzzles –Game Room</p>
<p>10:00 Cardio Pump Exercise 18 11:00 Funny Videos 11:30 Puzzles @GR 1:00 Catholic Communion Service (Families Welcome) 2:00 Games with Winnie 3:00 Robert and Friends Music</p>	<p>9:45 Morning News 19 10:00 Monday Yoga 11:00 Dominoes 1:00 Mahjong 2:00 Chinese Calligraphy Practice 3:00 Rummikub 4:00 Fireplace Chat Group</p>	<p>10:00 Tai chi w/ Master Fung 20 10:45 Triva Blast 2:00 Bingo 3:00 Cards and Games 4:30 Virtual Reality Travel Tours</p>	<p>9:00 Morning News and Chat 21 9:30 Early Risers Cardio Camp 10:30 ARISE – Healthy Ageing Topics 3:00 Poker, Cards & Games 4:00 AAPI Dance Video Celebrations</p>	<p>10:00 Strength Training w/Jessica 22 11:00 Triva Blast 1:30 Movie Time Social with Discussion 4:00 Spanish with Liliana 6:00 Bingo Evening w/ Donna</p>	<p>9:30 Morning News Chat 23 10:00 Fit Fusion Exercise w/ Jessica 10:45 Dominos 1:00 Watercolors– Dragonfly 1:15 Music Memories – Post Modern Jukebox 2:15 Cards & Games 3:00 Bingo</p>	<p>10:00 Tai Chi with Master Fung 24 11:00 Discover Guam 1:30 Watercolor–Lady bugs 2:00 Open Mahjong – Library 3:00 Bingo (Families Welcome) 4:00 Puzzles –Game Room</p>
<p>10:00 Cardio Pump Exercise 25 11:00 Funny Videos 11:30 Puzzles @GR 1:00 Catholic Communion Service (Families Welcome) 2:00 Games with Winnie</p>	<p>9:45 Morning News 26 10:00 Chair Zumba 11:30 Memorial Day BBQ 12:00 Fundudes Band 4:00 Patio Chat Group</p> 	<p>10:00 Tai chi w/ Master Fung 27 10:45 Triva Blast 2:00 Bingo 3:00 Cards and Games 4:30 Virtual Reality Travel Tours</p>	<p>9:00 Morning News and Chat 28 9:30 Early Risers Cardio Camp 1:00 Niles Ice Cream Outing 3:00 Poker, Cards & Games 4:00 Puzzles –Game Room</p>	<p>10:00 Strength Training w/Jessica 29 11:00 Music Memories –AAPI 2:00 Cards and Games 3:00 Create Cards for Hospitalized Children 4:00 Spanish with Liliana 6:00 Bingo Evening w/ Donna</p>	<p>9:30 Morning News Chat 30 10:00 Fit Fusion Exercise w/ Jessica 10:00 Shopping Day 10:45 Dominos 2:00 Bingo 3:00 Cards & Games</p>	<p>10:00 Tai Chi with Master Fung 31 1:00 Garden Club 1:30 Watercolor–Spring Flowers 2:00 Open Mahjong – Library 3:00 Bingo (Families Welcome) 4:00 Puzzles –Game Room</p>

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<p>Default is AR AR –Activity Room GR–Game Room Piano– 2nd Floor Piano Fireplace– 2nd Floor Fireplace P–Patio DR –Dining Room</p>			<p>Birthdays Denise – May 6</p>   	<p>9:30 Exercise reflex and balance 1 10:00 East Bay Newspaper 10:30 Hydration Station 11:00 Music Bingo 1:00 Name 10 Game 1:30 Board Games 3:00 Snack and Sip Social 3:30 May Day Doilies Craft 6:00 Mindfulness Meditation</p>	<p>10:00 East Bay Newspaper 2 10:30 Hydration Station 10:45 Sign Language to Music w/ Jessica 11:00 Dominos 1:00 Flowerpot painting 2:30 BookGroup 3:00 Snack and Sip Social 3:30 Sports Games 6:30 Dance Social</p>	<p>9:00 Chair Yoga w/ Care staff 3 10:00 East Bay Newspaper 10:30 Hydration Station 1:30 Art Therapy 2:00 Basketball 3:00 Snack and Sip Social 3:30 Puzzles 6:00 After Dinner Movie Night</p>
<p>10:00 East Bay Newspaper 4 10:30 Hydration Station 10:30 Parachute w/ Staff 11:00 Family Bingo with Mandeep 1:00 Catholic Church Communion 1:30 Movie Afternoon 3:00 Snack and Sip Social 4:00 Music sing-a-long</p>	<p>10:00 Balance & Strength 5 10:00 East Bay Newspaper 10:30 Hydration Station 1:00 Card Sharks 1:30 Tactile Art 3:00 Cinco de Mayo Social 3:00 Practical Engagement 3:30 Sports Games 4:00 Current Events and Tri City News 6:00 Mindfulness Meditation</p>	<p>10:00 East Bay Newspaper 6 10:30 Hydration Station 10:45 Tai Chi 11:00 Bean Bag Toss 11:30 Aroma Therapy 1:00 Parachute Games 3:00 Snack and Sip Social 3:30 Chinese Calligraphy Practice</p>	<p>10:00 Balance & Strength 7 10:00 East Bay Newspaper 10:30 Hydration Station 11:00 Music and Motion 1:00 Baking Bunch 2:00 Bingo 2:30 Sensory Station 3:00 Snack and Sip Social 3:30 Cards and Games 6:00 After Dinner Movie Night</p>	<p>9:30 Exercise reflex and balance 8 10:00 East Bay Newspaper 10:30 Hydration Station 10:30 Tzu Chi Singers 1:00 Name 10 Game 1:30 Board Games 3:00 Snack and Sip Social 3:15 Weaving Project</p>	<p>10:00 East Bay Newspaper 9 10:30 Hydration Station 10:45 Sign Language to Music w/ Jessica 11:00 Dominos 1:00 Card Sharks 2:30 BookGroup 3:00 Snack and Sip Social 3:30 Sports Games 6:30 Dance Social</p>	<p>9:00 Chair Yoga w/ Care staff 10 10:00 East Bay Newspaper 10:30 Hydration Station 1:30 Art Therapy 2:00 Basketball 3:00 Snack and Sip Social 3:30 Puzzles 6:00 After Dinner Movie Night</p>
<p>10:00 East Bay Newspaper 11 10:30 Hydration Station 10:30 Parachute w/ Staff 1:00 Catholic Church Communion 1:30 Movie Afternoon 3:00 Snack and Sip Social 4:00 Music sing-a-long</p>	<p>10:00 Balance & Strength 12 10:00 East Bay Newspaper 10:30 Hydration Station 1:00 Card Sharks 1:30 Tactile Art 3:00 Practical Engagement 3:00 Snack and Sip Social 3:30 Sports Games 4:00 Current Events and Tri City News 6:00 Mindfulness Meditation</p>	<p>10:00 East Bay Newspaper 13 10:30 Hydration Station 10:45 Tai Chi 11:00 Bean Bag Toss 11:30 Aroma Therapy 1:00 Parachute Games 3:00 Snack and Sip Social 3:30 Chinese Calligraphy Practice</p>	<p>10:00 Balance & Strength 14 10:00 East Bay Newspaper 10:30 Hydration Station 11:00 Music and Motion 1:00 Baking Bunch 2:00 Bingo 2:30 Sensory Station 3:00 Snack and Sip Social 3:30 Cards and Games 6:00 After Dinner Movie Night</p>	<p>9:30 Exercise reflex and balance 15 10:00 East Bay Newspaper 10:30 Hydration Station 11:00 Music Bingo 1:00 Scenic Drive and Ice Cream Stop 1:30 Board Games 3:00 Snack and Sip Social</p>	<p>10:00 East Bay Newspaper 16 10:30 Hydration Station 10:45 Sign Language to Music w/ Jessica 11:00 Dominos 2:30 BookGroup 3:00 Snack and Sip Social 3:30 Sports Games 6:30 Dance Social</p>	<p>9:00 Chair Yoga w/ Care staff 17 10:00 East Bay Newspaper 10:30 Hydration Station 1:30 Art Therapy 2:00 Basketball 3:00 Snack and Sip Social 3:30 Puzzles 6:00 After Dinner Movie Night</p>
<p>10:00 East Bay Newspaper 18 10:30 Hydration Station 10:30 Parachute w/ Staff 1:00 Catholic Church Communion 1:30 Movie Afternoon 3:00 Snack and Sip Social 4:00 Music sing-a-long</p>	<p>10:00 Balance & Strength 19 10:00 East Bay Newspaper 10:30 Hydration Station 1:30 Tactile Art 3:00 Practical Engagement 3:00 Snack and Sip Social 3:30 Sports Games 4:00 Current Events and Tri City News 6:00 Mindfulness Meditation</p>	<p>10:00 East Bay Newspaper 20 10:30 Hydration Station 10:45 Tai Chi 11:00 Bean Bag Toss 11:30 Aroma Therapy 1:00 Parachute Games 3:00 Snack and Sip Social 3:30 Chinese Calligraphy Practice</p>	<p>10:00 Balance & Strength 21 10:00 East Bay Newspaper 10:30 Hydration Station 11:00 Music and Motion 1:00 Baking Bunch 2:00 Bingo 2:30 Sensory Station 3:00 Snack and Sip Social 3:30 Cards and Games 6:00 After Dinner Movie Night</p>	<p>9:30 Exercise reflex and balance 22 10:00 East Bay Newspaper 10:30 Hydration Station 10:30 Tzu Chi Singers 1:00 Name 10 Game 1:30 Board Games 3:00 Snack and Sip Social</p>	<p>10:00 East Bay Newspaper 23 10:30 Hydration Station 10:45 Sign Language to Music w/ Jessica 11:00 Dominos 2:30 BookGroup 3:00 Snack and Sip Social 3:30 Sports Games 6:30 Dance Social</p>	<p>9:00 Chair Yoga w/ Care staff 24 10:00 East Bay Newspaper 10:30 Hydration Station 1:30 Art Therapy 2:00 Basketball 3:00 Snack and Sip Social 3:30 Puzzles 6:00 After Dinner Movie Night</p>
<p>10:00 East Bay Newspaper 25 10:30 Hydration Station 10:30 Parachute w/ Staff 1:00 Catholic Church Communion 1:30 Movie Afternoon 3:00 Snack and Sip Social 4:00 Music sing-a-long</p>	<p>10:00 Balance & Strength 26 10:00 East Bay Newspaper 10:30 Hydration Station 11:30 Memorial Day BBQ 12:00 FunDudes Band 3:00 Snack and Sip Social 3:30 Sports Games 4:00 Current Events and Tri City News 6:00 Memorial Day Parade Around the Country</p>	<p>10:00 East Bay Newspaper 27 10:30 Hydration Station 10:45 Tai Chi 11:00 Bean Bag Toss 11:30 Aroma Therapy 1:00 Parachute Games 3:00 Snack and Sip Social 3:30 Chinese Calligraphy Practice</p>	<p>10:00 Balance & Strength 28 10:00 East Bay Newspaper 10:30 Hydration Station 11:00 Music and Motion 1:00 Baking Bunch 2:00 Bingo 2:30 Sensory Station 3:00 Snack and Sip Social 3:30 Cards and Games 6:00 After Dinner Movie Night</p>	<p>9:30 Exercise reflex and balance 29 10:00 East Bay Newspaper 10:30 Hydration Station 11:00 Music Bingo 1:00 Name 10 Game 1:30 Board Games 3:00 Snack and Sip Social</p>	<p>10:00 East Bay Newspaper 30 10:30 Hydration Station 10:45 Sign Language to Music w/ Jessica 11:00 Dominos 2:30 BookGroup 3:00 Snack and Sip Social 3:30 Sports Games 6:30 Dance Social</p>	<p>9:00 Chair Yoga w/ Care staff 31 10:00 East Bay Newspaper 10:30 Hydration Station 1:30 Art Therapy 2:00 Basketball 3:00 Snack and Sip Social 3:30 Puzzles 6:00 After Dinner Movie Night</p>